



SPRING  
2011

News from the

# Susan B. Anthony Project

SAFETY • HEALING • GROWTH

## Bullying, Harassing, and Stalking Don't Just Happen...They Can Be Prevented

Prevention of domestic and sexual abuse is an important part of Susan B. Anthony Project's mission. Every day, our community educators are in schools teaching children:

- How to resolve conflicts without hitting
- That it is not okay to tease and bully
- That there's a big difference between joking and sexual harassment
- When you're in a healthy relationship, one person does not have power and control over the other person
- Cyber-bullying--using phones, computers, and social networking to stalk, harass, monitor, and control another person — is not acceptable



Middle school students' comments after a presentation on popularity and bullying:

*"You're changing the way people around here think. People have been talking about it all day. I couldn't wait to get to class to check it out."*

*"I liked the presentation because I learned a lot about respecting. I learned not to bully and not to worry about popularity. This will be useful to me in the future because of the way I treat others and make friends."*

A high school student's comment after a presentation on self esteem:

*"I learned to love myself and to love others for who they are."*

Last year, 4,463 children in 42 schools participated in SBAP prevention programs.

### What can you do?

- Invite our community educators into your school, church, scout troop, or other gathering to teach your children about healthy and unhealthy relationships.
- Call community educators Gina or Colleen at 860-489-3798 to schedule a program.



Students from Connecticut Junior Republic who participated in programs on Healthy Relationships and Joking, Teasing & Bullying.

### IN MEMORIAM

## Gillian Hanna

Gillian Hanna, one of the founders of Susan B. Anthony Project, died on September 27, 2010 in Michigan where she lived with one of her daughters. Gillian was 88 years old.

Gillian visited our new Counseling & Advocacy Center on her last visit to Torrington in 2006. We are grateful that she was able to see how we have grown since she first began to address the need for our services in 1982.

### FOUNDERS' FUND

Susan B. Anthony Project lost two of its founders, Polly Doremus and Gillian Hanna, in 2010. In an effort to pay tribute to them, the **Founders' Fund** was established through a generous matching grant. To date we have raised over \$10,000 for this Fund. We are eternally grateful to these two community activists who saw a need and started Susan B. Anthony Project.

*If you are interested in making a gift to the Founders' Fund, please visit our website at [www.sbaproject.org](http://www.sbaproject.org) and find the Donate Now button or use the enclosed envelope.*



Polly Doremus and Gillian Hanna

## Board of Directors

Carissa Keepin, *President*  
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Barbara Spiegel

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Elisabeth Childs Chris Smith  
Gill Ellen Tillotson  
Jake Horne Nancy Wadhams

## Authors' Luncheon

Over 180 guests attended the Authors' Luncheon held in November 2010 at the Litchfield Inn. The event was sponsored by Torrington Savings Bank and Hickory Stick Bookshop.



SBAP Board member Emily Dalton, with guests Sharron Hatfield, Karen Davis and Margret Delves-Broughton.



Authors Peter Howe and Ghita Schwarz, Executive Director Barbara Spiegel, moderator Joseph Montebello, and author Elizabeth Noble.

## Honoring Community Supporters at Candlelight Vigil

In October 2010, during Domestic Violence Awareness Month, the SBAP Candlelight Vigil celebrated survivors of domestic violence and honored community members who collaborated and supported our work throughout the years.

Attorney Michael Burns  
Rebecca Caruso  
Barry Cone's Heating & Air Conditioning, Inc.  
Kayleigh Connole  
Ducci Kitchens, Inc. – Gail & Charles Olsen  
East School – Principal Susan Fergusson & Social Worker Mary Ingoldsby  
Mark Famiglietti  
Harwinton Women's Club  
John Johnson Art Direction & Design  
Damian Marone  
MOMIX – Cynthia Quinn & Moses Pendleton  
O & G Industries, Inc.  
Cathy & Greg Oneglia  
Amber Surveski  
Turri, Inc.  
WZBG – Dale Jones, Jen Parsons & Jeff Zeiner



Barbara Spiegel, SBAP Executive Director, with award recipient John Johnson.



Barbara Spiegel, SBAP Executive Director, with award recipients Cathy & Greg Oneglia and Gail Olsen.

## It's Time to Get Involved! April is Sexual Assault Awareness Month

### TAKE BACK THE NIGHT

Join us as we walk in support of victims of sexual violence on **Tuesday, April 26th, 7 pm** at the Northwestern Community College Campus in Winsted, CT.

### HUMAN RIBBON EVENT

Join us in uniting men and women together to take a stand against sexual violence as we create a human awareness ribbon on **Thursday, April 28th**. Call for details.

### CLOTHESLINE PROJECT

A compilation of t-shirts designed by survivors will be on display at our office and online at [www.sbaproject.org](http://www.sbaproject.org)



### WHITE RIBBON CAMPAIGN

A pledge for men to sign "to never commit, condone or remain silent about violence against women." To sign the petition, please visit our website at [www.sbaproject.org](http://www.sbaproject.org)

To find out more about Sexual Assault Awareness Month or other outreach activities, contact SBAP's community educators or go to [www.sbaproject.org](http://www.sbaproject.org)

## We're here to help

- Call our 24-hour crisis line 860-482-7133
- Support Groups for survivors of domestic violence and sexual assault, call 860-489-3798.
- Self-Esteem Support Group, call Linda at 860-489-3798



**24-HOUR CRISIS LINE:  
860-482-7133**

### STATEWIDE TOLL FREE HOTLINES:

**Domestic Violence:** 1-888-774-2900  
**Sexual Assault:** 1-888-999-5545  
**En Espanol:** 1-888-568-8332

# Making a Difference

## VOLUNTEERS DO AMAZING THINGS FOR SBAP



Foundation of Jewish Communities board member Peggy Klein presenting check for \$5,000 to SBAP's Michelle Marone, Manager of Crisis Services and Jeanne Fusco, Associate Director.



Shirley Taradash of Ronald McDonald House Charities presenting \$10,000 check to SBAP Board of Director's Treasurer Gene Daponte and President Carissa Keepin.



SBAP's Donna Eddy, Transition Living Case Manager, and Mary DeLucia, Sexual Assault Adult Advocate, with \$1,000 check from Verizon Wireless used for our holiday Adopt a Family program.

### Interested in Volunteering? SBAP NEEDS YOUR HELP!

There are many ways to volunteer at Susan B. Anthony Project.

- Client Service Volunteer
- Fundraising Special Events
- General Office Volunteer
- Babysitting

For more information, go to [www.sbaproject.org](http://www.sbaproject.org) and click on community involvement link or call volunteer coordinator at (860) 489-3798.



Daisy Troop 40107 in Torrington with SBAP Community Educator Colleen Sullivan. The quilt was created by the Daisy Troop and donated to Susan B. Anthony Project for its clients.



United Way Day of Caring with Alcoa Howmet employees Tami Sherburne & Pam Phonvichith

## 2010 Holiday Donors for Adopt a Family

A Healing Trail & Francis Tartaglino  
 Advanced Therapy Associates  
 Joan Altschuler  
 Judi Armstrong  
 Bakerville School  
 Lisa Bankoff  
 Martha Bernstein  
 Beth El Synagogue Religious School & Hadassah  
 Michele Bouchard  
 Brass City Cyclers  
 Burns, Brooks & McNeil  
 Marylyn Castellano  
 Center Congregational Church  
 David & Suzanne Charello  
 Church of Jesus Christ of Latter Day Saints  
 Marcia Cianciolo  
 Barbara Cowan  
 Victoria Cowan  
 Janice Crovo  
 Brian & Jennifer Cuddeback  
 Janice Cyr  
 Patience Deacon  
 Diane Domonell  
 Delta Kappa Gamma Tau  
 Julie DeMichiel  
 Mary Donaldson  
 Alisha & Brian Donovan  
 Doris Duvall  
 Josie English  
 Mary English  
 Nanette Falkenberg  
 Dorothy Famiglietti  
 Mark & Nancy Famiglietti  
 Pat Farrell  
 Walt & Penny Fisher  
 Linda Frankl  
 Launa Friedman  
 Fuel Cell Energy  
 Michael Fusco  
 Gable Basket Brigade  
 Polly Gangloff  
 Marsha Goldstein  
 Lawrence & Nancy Goldstone  
 Martha Green & Alan Cohen  
 Stephanie Growick  
 Jean Handler  
 Barbara Hart  
 Bob & Cindy Hewitt  
 Anita Holmes  
 Immaculate Heart of Mary, Harwinton  
 Interdonato Family  
 Lynn Janco  
 Carissa Keepin  
 Pamela Kennedy  
 Klebe Fuel  
 Sandi Kofsky  
 Litchfield County Medical Assistants  
 Litchfield Hills Family Dental  
 Regina Lynch  
 Ellen Mandell  
 Marvelwood School  
 Donna Marvin  
 Lynne Nathan  
 Lauralee McKiernan  
 Mary McVerry  
 Meaney Family  
 Angela Monaco  
 Congressman Chris Murphy, New Britain Office Staff  
 Naugatuck Savings Bank  
 Ann O'Reilly & Alan Murphy  
 Sharon Ober  
 Olmstead-Bruno Family  
 Katherine Oneglia  
 Anna Orbin  
 Phyllis Peters  
 Mary Jean Piorowkowski  
 Gloria Riberdy  
 Judy Rifken  
 Carol Robbin  
 Adelaide C. Roberts  
 Rona Rosenkranz  
 Saint Anthony of Padua, Litchfield  
 Saint Francis of Assisi, Torrington  
 Ralph & Sandra Sandemeyer  
 Sathya Sai Baba Organization  
 Elaine Savarese  
 Evie Simons  
 Martha Soliday  
 Sons of Italy Concordia, Lodge #20  
 Edith Szabo  
 Joann Thiede  
 Torrington Water Company  
 Torrington Women's Club  
 UCONN Torrington  
 Amelia Vazquez  
 Verizon Wireless, Torrington & Meriden  
 Victoria's Secret, Southbury  
 Nancy Wadhams  
 Anna Walton  
 Eva & Heros Wegscheider  
 Myra Weinbaum

## Wreath Sellers & Helpers

Judi Armstrong  
 Claudette Baril  
 Marge Beary  
 Bob Berson  
 Scott Blackmon  
 Michele Bouchard  
 Susan Carroll  
 Manny Clark  
 Gene Daponte  
 Patience Deacon  
 Mike Delay  
 Helen Donaher  
 Louis Donne  
 Dymax, Greg Bachmann  
 Saun Ellis  
 First Congregational Church, Canton Center, Rachel Baugher  
 First Congregational Church, Washington, Marilyn Roze  
 Fuel Cell Energy, Mary Stempien  
 Marc Fusco  
 Jerry & Sara Gault  
 Doreen Hampton  
 Harwinton Women's Club, Sally Johnson  
 Janet Hooper  
 Carissa Keepin  
 Debra Sue Klingerman  
 Litchfield Congregational Church, Aletha Abbott  
 Litchfield Farmers' Market, Emily Dalton  
 Litchfield High School, Janice Crovo  
 Eileen Litwin  
 Beth McCabe  
 Tracy McKeon  
 Jackie & Phil Miller  
 Jessica Nardine  
 New Preston Congregational Church, Clarinda Deitz  
 Northwest Community College, Sharon Gusky  
 Ellen Oneglia  
 Vickie Patrick  
 Joe Plourde  
 MaryAnn Poinelli  
 Barbara Putnam  
 Scott Ragaglia  
 Rosehaven  
 Turi Rostad  
 Diana Savory  
 Marlene & Chris Smith  
 Nancy Smith  
 St. Anthony's Church, Cathleen Wyse  
 St. Paul's Church, Jean Grela  
 Sterling Sintered, Debi Benoit  
 Thomaston High School, Carol Wright  
 Anita Torizzo  
 Mark Torson  
 Trinity Church, Ann Bott  
 Winsted & New Hartford American Legion Baseball Team, Ed Macia  
 Nancy Wadhams  
 YMCA Torrington, Elena Twombly



*Debra Sue Klingerman, one of our Wreath Friends, picking up her order of wreaths. Debra Sue has sold an average of 90 wreaths each year for the past six years.*



**Susan B. Anthony Project is a United Way Agency**



## Speaking Out



SBAP Board President Carissa Keepin and Advisory Board member Beth McCabe with Senator Richard Blumenthal, at CT Coalition Against Domestic Violence press conference October, 2010.



SBAP Director of Development Nancy Rogers received the Connecticut 2010 Outstanding Fundraising Professional of the Year award by the Association of Fundraising Professionals at November luncheon.

## Ways to Give... It All Begins With You



*Include charities in your estate planning and make a difference in the lives that follow.*

Susan B. Anthony Project receives over 40% of its budget from people like you.

- **Outright Gift:** The simplest method of giving by check or credit card. Please use the enclosed envelope.
- **Online:** Make a secure gift online at [www.sbaproject.org](http://www.sbaproject.org)
- **Appreciated Securities:** A gift of appreciated securities can provide considerable tax benefits
- **Gifts to Susan B. Anthony Project Endowment Fund:** Income from this fund provides program support
- **Wills and Bequests:** Your gift passes to the Susan B. Anthony Project after your death

To make a gift or to learn about these and other charitable giving programs, contact Nancy Rogers, Director of Development, at 860-489-3798 or [nrogers@sbaproject.org](mailto:nrogers@sbaproject.org). Susan B. Anthony Project is a 501(c)(3) nonprofit organization.



## A Gift That Will Change Lives

**Dorothy Neubauer**, a life-long resident of Winsted, died in 2009 at age 98. She generously included Susan B. Anthony Project in her will with a gift of \$107,286. She was the last of the five Neubauer daughters.

SBAP Executive Director Barbara Spiegel said, "We are grateful for this bequest that will go toward helping the women and children whose lives have been affected by domestic and sexual violence in our community."

Dorothy Neubauer

## Wish List

If you have questions about an item listed, please call 860-489-3798 and ask for Cindy. Or, visit our web page for more details: [www.sbaproject.org](http://www.sbaproject.org)

### OUR CLIENTS' MOST PRESSING NEEDS

Gift Cards	Phone Cards
Gas Cards	Movie Tickets
Grocery Store	McDonalds
Clothing Store	Burger King
Payless Shoe Store	

### CASH DONATIONS

For client assistance

### BEDDING

Twin, double & crib sheets  
Pillows  
Bath towels & wash clothes  
Dish towels & pot holders

### PERSONAL HYGIENE

Shampoo & conditioner  
Q-tips & tissues  
Body cream  
Tampons & pads  
Deodorant  
Diapers – all sizes  
Baby wipes

### SHELTER SUPPLIES

Cleaning - Unscented  
Kitchen supplies  
Laundry detergent  
Fabric softener – unscented

### MISCELLANEOUS

Backpacks  
Umbrellas  
Wii Games  
Flashlights & Batteries, all sizes  
Sports Bras, all sizes  
New sweatpants & t-shirts for women & children, all sizes  
New underwear & socks for women & children, all sizes  
Craft Supplies (beading & jewelry making)  
Sleeping bags  
Sewing kits  
Movies – DVDs – family orientated  
Weekly or monthly planners

## Susan B. Anthony Project

179 Water Street

Torrington, CT 06790

Office: 860-489-3798

[www.sbaproject.org](http://www.sbaproject.org)

*Serving the towns of: Barkhamsted, Canaan, Colebrook, Cornwall, Goshen, Hartland, Harwinton, Kent, Litchfield, Morris, New Hartford, Norfolk, North Canaan, Salisbury, Sharon, Thomaston, Torrington, Warren, Washington, Winsted.*

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Torrington, CT

## MISSION STATEMENT

*Susan B. Anthony Project promotes safety, healing and growth for all survivors of domestic and sexual abuse and advocates for the autonomy of women and the end of interpersonal violence.*

## Give the ideal gift this Mother's Day

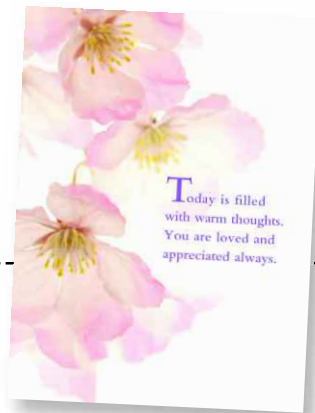
### HONOR HER WITH A CONTRIBUTION TO SUSAN B. ANTHONY PROJECT

Mother's Day is Sunday, May 8th. Show the inspiring women in your life – mothers, grandmothers, or daughters – how special there are with a gift to Susan B. Anthony Project.

With a donation of \$25 the honoree will receive a lovely mother's day card inscribed with your personal message. Or with a donation of \$100 the honoree will receive a box of 12 hand made truffles from Three Oaks Chocolatier with their card.

Visit [sbaproject.org](http://sbaproject.org) to make your gift online, or complete the form at right and mail it in the enclosed envelope, along with your contribution, to:

**Susan B. Anthony Project**  
179 Water Street  
Torrington, CT 06790



## Mother's Day Contribution Recognition

I would like to make a donation to  
**Susan B. Anthony Project in honor of the following individual  
for Mother's Day. Please attach information on additional recipients.**

Your Name: \_\_\_\_\_

Recipient's Name: \_\_\_\_\_

Recipient's Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Your personal message: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_